

The Ulster Medical Journal

The Journal of the Ulster Medical Society. First published in 1932.
Successor to the Transactions of the Ulster Medical Society (1884–1929), and
the Transactions of the Belfast Clinical and Pathological Society (1854–1862)

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The Ulster Medical Society was founded in 1862
by the amalgamation of the Belfast Medical Society (founded 1806)
and the Belfast Clinical and Pathological Society (founded 1853)

THE ULSTER MEDICAL JOURNAL

NOTICE TO CONTRIBUTORS

1. Authors are reminded that concise and clearly expressed papers are those most welcomed by readers and the Editorial Board. All manuscripts are independently refereed.
2. Manuscripts should be typewritten in double spacing, with wide margins. They should be fully corrected and alterations in proof may be disallowed or charged to the author. A sample typescript showing layout is available on request from the editorial office. Three copies of each manuscript should be submitted, including tables and figures.
3. The text should indicate the purpose of the paper, and should include an introduction, sections on materials and methods, results, and a discussion relevant to the findings. A brief factual summary should be provided at the beginning of the paper.
4. Scientific measurements should be in SI units (*Units, symbols and abbreviations; a guide for biological and medical editors and authors*, 3rd ed. London: Royal Society of Medicine, 1977). Blood pressure may be expressed in mmHg and haemoglobin concentration as g/dl.
5. Tables must be kept simple and vertical lines should be avoided. Tables and illustrations must be kept to a minimum and data should not be given in both text and tables. Line drawings should be used where possible and symbols must be large enough to be legible when reduced to text size. Where possible, size of illustrations and tables should be planned so that one or more can easily fit the page size of 19.5 × 12.5 cm. Photographs and other illustrations should be unmounted, and authors may be charged for these at cost price. Authors' names and the top of the figure should be marked in soft pencil on the back.
6. References should be restricted to those really necessary and useful. This journal uses the 'Vancouver' style (see British Medical Journal 1982; 1: 1766-70 and Lancet 1979; 1: 429-30). Text references are numerical. Each reference should include:
 - i) a list of all authors when six or less (when seven or more only the first three should be listed followed by *et al*).
 - ii) the title of the article.
 - iii) the title of the journal (abbreviated to the form published by Index Medicus).
 - iv) the year;
 - v) volume number;
 - vi) first and last pages.

eg
McCoy GF, Dilworth GR, Yeates HA. The treatment of trochanteric fractures of the femur by the Ender method. *Ulster Med J* 1983; 52: 136-41.

Book references should give the author, title, edition, town of publication, name of publisher, year of publication, and, where appropriate, volume and page numbers.
7. Twenty-five reprints of each article will be forwarded free of charge to the corresponding author. Further reprints can be obtained from the printers, Messrs Dorman & Sons Ltd, 1-3 Holmes Street, Belfast BT2 7JG, who should be approached directly.
8. Editorial communications should be sent direct to the Editor who will be pleased to advise on the preparation of manuscripts if requested.

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Constitution of the Ulster Medical Society

ADOPTED ON THE 30TH OF MAY 1990

The Society and its Objects

1. The Society shall be called the “Ulster Medical Society”.
2.
 - a/ The object of the Society shall be to improve the care of the sick by widening, improving and developing the education and knowledge of all concerned in the pursuit of medical matters.
 - b/ To this end, the Society shall arrange educational events which shall be open to all registered medical practitioners, and shall publish the Ulster Medical Journal which shall be distributed free of charge to all members of the Society and which shall be available to any other person on payment of a subscription.
3. In furtherance of such objects the Society may:
 - a/ Employ any person or persons to supervise, organise and carry on the work of the Society and make all reasonable provision of pensions to or on behalf of employees and their widows and other dependants.
 - b/ Arrange and provide for, or join in arranging and providing for, the holding of exhibitions, meetings, lectures, classes, seminars and training courses.
 - c/ Promote and carry out, or assist in promoting and carrying out, research, surveys and investigations and publish the results thereof.
 - d/ Undertake, execute, manage or assist any charitable trusts which may lawfully be undertaken, executed, managed or assisted by the Society.
 - e/ Accept gifts and borrow or raise money for such objects on such terms and on such security as shall be thought fit.
 - f/ Procure contributions to the Society by personal or written appeals or otherwise.
 - g/ Invest the money of the Society not immediately required for such objects in or on such investments, securities or property as may be thought fit, subject nevertheless to such conditions (if any) as may for the time being be imposed or required by law.
 - h/ Purchase, take on lease or in exchange, hire or otherwise acquire any property and any necessary rights and privileges and maintain and alter any buildings used by the Society.
 - i/ Sell, let, mortgage, dispose of or turn to account all or any of the property or assets of the Society.
 - j/ Do all such other things as are necessary for the attainment of such objects.
4. Alterations to The Constitution must have the approval of the Council, and afterwards be passed by an Annual General Meeting, or a Special Meeting summoned for the purpose, of which seven clear days’ notice must be given. No amendment to the Constitution may be made which would cause the Society to cease to be a charity at law.
5. A copy of the Constitution and Bye-Laws, with all alterations thereto, shall be kept in the custody of the Honorary Secretary.

Membership of the Society

6. The Society shall consist of Fellows, Honorary Fellows, Members, and Honorary Associate Members.
 - a/ All persons registered for seven or more years as medical practitioners under the Medical Acts shall be eligible for election as Fellows.
 - b/ All eminent persons registered as medical practitioners under the Medical Acts who have distinguished themselves by their contribution to medicine or to medical science shall be eligible for election as Honorary Fellows.
 - c/ All persons registered for less than seven years as medical practitioners under the Medical Acts shall be eligible for election as Members. Members shall automatically become Fellows seven years after the date of medical registration.
 - d/ All eminent persons not registered as medical practitioners under the Medical Acts who have distinguished themselves by their contribution to medicine or to medical science shall be eligible for election as Honorary Associate Members.

Election of Fellows and Members

7. Every candidate for Fellowship or Membership of the Society shall be proposed and seconded, in writing, by two Fellows or Members of the Society. If found suitable, every such candidate shall be sent a banker's order for his/her subscription and shall have his/her name displayed on the blackboard at the next Ordinary Meeting of the Society. In the event of an objection at such meeting, the name shall be redisplayed at the Ordinary Meeting immediately following and a ballot taken, the result to be decided by a simple majority of those present who are entitled to vote. On acceptance by such meeting and on receipt by the Honorary Treasurer of the banker's order duly complete, the candidate shall be declared elected and shall have his/her name recorded in the Society's register.

Election of Honorary Fellows and Honorary Associate Members

8. Nominations for Honorary Fellowship or Honorary Associate Membership shall firstly be put before the Council, and, if approved, shall subsequently be put before an Annual General Meeting, or a Special Meeting summoned for the purpose, of which seven clear days' notice shall be given.

Resignation and Removal from the Society

9. No Fellow or Member shall be understood to have withdrawn from the Society until he/she shall have returned all property belonging to the Society, and signified his/her intention of resigning by letter addressed to the Honorary Secretary.
10. Whenever there shall appear to be cause in the opinion of the Council, for the expulsion of any member of the Society, a minute shall be made thereof, which shall be communicated in a registered letter to the member concerned a minimum of fourteen days before the next meeting of the Council. He/she shall be invited to reply, in writing, to the Council and if no satisfactory explanation be received before the next Council meeting a minute shall be submitted for the consideration of the Annual General Meeting. On the minute being put to the ballot, if two-thirds of those present who are eligible to vote, vote for it the President of the meeting shall declare the same confirmed accordingly. No proposition for the expulsion of any member shall be entertained at any meeting, either of the Society or the Council, of which due notice has not been given in the circular calling such meeting.

The Council and Officers

11. a / The affairs of the Society shall be managed by a Council which shall consist of sixteen Council members, namely: a President, a President-Elect, an Immediate Past-President, two Vice-Presidents, an Honorary Secretary, an Honorary Assistant Secretary, an Honorary Treasurer, an Honorary Editor of the *Ulster Medical Journal* and six ordinary members.
b / Only Fellows and Honorary Fellows shall be eligible to serve as Council members.
12. The President shall be elected at an Annual General Meeting and shall enter into the title and duties of President before the 1st of November in the calendar year following his/her election and shall hold office until the installation of his/her successor. During the Presidency of his/her immediate predecessor he/she shall bear the title of President-Elect. At the end of his/her term of office as President he/she shall be designated Immediate Past-President, and shall hold office as such until succeeded by the next retiring President.
13. Each Vice-President shall be elected at an Annual General Meeting and shall hold office from the close of that meeting until the close of the Annual General Meeting in the second year after his/her election. He/she shall not be eligible for re-election.
14. The Honorary Secretary, the Honorary Assistant Secretary, the Honorary Treasurer and the Honorary Assistant Treasurer shall be elected at an Annual General Meeting and shall hold office from the close of that meeting until the close of the Annual General Meeting in the first year after their election. They shall each be eligible for re-election but none may serve for more than five successive years.
15. The ordinary members of Council shall be elected at an Annual General Meeting and shall hold office from the close of that meeting until the close of the Annual General Meeting in the third year after their election. The elections shall be organised so that two new members are elected each year. None may serve for more than three successive years.
16. Casual vacancies on Council may be filled by the Council, but any person so co-opted shall retain office only until the next Annual General Meeting and, if then elected to Council, his/her length of service shall, for the purposes of Rules 12, 13, 14 and 15, date from such Meeting.

17. At every meeting of the Council five Council members shall form a quorum. Every Council member shall have one vote and all questions shall be decided by a majority of the Council members present and voting.
18. The Honorary Secretary:
 - a/ shall maintain a Register which shall record for each member of the Society, his/her name, postal address, date of registration under the Medical Acts, date of election to the Society and class of membership;
 - b/ shall issue notices for all meetings of the Council and for all Special Meetings of the Society;
 - c/ shall, before the beginning of each session, issue the programme of the Society's Ordinary Meetings and Annual General Meeting for such session which shall be the only notice required for such meetings;
 - d/ shall attend all meetings of the Council and of the Society and record the minutes;
 - e/ shall have charge of the minute book and any other documents entrusted to him/her by the Council;
 - f/ shall conduct the correspondence of the Society.
19. The Honorary Assistant Secretary:
 - a/ shall assist the Honorary Secretary;
 - b/ shall in the absence of the Honorary Secretary, assume the duties of the Honorary Secretary.
20. The Honorary Treasurer:
 - a/ shall on entering office, receive from his/her predecessor whatever balance of money is in hands;
 - b/ shall pay into the Banking Accounts of the Society all monies belonging to it;
 - c/ shall have charge of, and be responsible for, the custody of all deeds and documents pertaining to the finance of the Society;
 - d/ shall receive all monies due, donations and bequests, and discharge all bills and demands when ordered by the Council;
 - e/ shall not pay any sum of money on account of the Society without the sanction of the Council;
 - f/ shall keep a printed receipt book for annual subscriptions; each receipt to be signed by him, and to be filled up with the name of the Fellow or Member paying, the sum paid, and the date when paid (banker's orders excepted);
 - g/ shall present to the Council, or on request by any member of the Council, a report of the state of the funds of the Society;
 - h/ shall make up and balance the accounts of the Society to the 31st of March in each year, and after that date he/she shall submit the same with the requisite vouchers to the auditors appointed by the Council.
21. The Honorary Assistant Treasurer:
 - a/ shall assist the Honorary Treasurer;
 - b/ shall in the absence of the Honorary Treasurer, assume the duties of the Honorary Treasurer.
22. The Honorary Treasurer shall not be considered liable for the default of any other person during the period he/she has held office.
23. The Council may summon a Special Meeting of the Society whenever they consider it necessary and must do so if requested in writing by ten or more Fellows of the Society.

The Annual General Meeting

24. The Annual General Meeting shall be held, as far as possible, in the month of May. At such Annual General Meeting the business shall include the election of officers and members of Council, the appointment of auditors, the consideration of the annual report of the Council, the consideration of the audited accounts, the consideration of the annual report of the Honorary Editor of the Ulster Medical Journal and such other matters as may be necessary.

Voting

25. Only Fellows, Honorary Fellows and Members, shall have the right to vote at Ordinary, Annual General and Special Meetings of the Society. At every Ordinary Meeting and at every Special

Meeting of the Society, ten voting members shall form a quorum. At every Annual General Meeting of the Society, five voting members shall form a quorum. At all meetings of the Society, each voting member shall have one vote and all questions shall be decided by a majority of the voting members present and voting.

Subscriptions

26. Annual subscriptions to the Society are due, in advance, on the 1st November.
27. Alterations in the rates of subscription must have the approval of the Council, and afterwards be passed by an Annual General Meeting, or a Special Meeting summoned for the purpose, of which seven clear days' notice must be given. The current rates shall be advertised in each number of the *Ulster Medical Journal*.
28. If a husband and wife are members of the Society they shall, on application, be entitled to pay a joint annual subscription.
29. All those members who have paid an annual subscription for 40 or more years, or who have paid an annual subscription for 20 or more years and who have reached the age of 65, shall, on application, be exempt from any further annual subscription.
30. If the subscription of any Fellow or Member shall be six months in arrear, notice, in writing, of the amount of such arrears shall be sent by the Honorary Treasurer to such Fellow or Member at his/her postal address as recorded in the Society's Register, and if such arrears shall not be paid within three months from the date of such notice, such Fellow or Member shall be regarded as having allowed his/her Fellowship or Membership to lapse, but any such Fellow or Member who shall subsequently pay his/her arrears may, at the discretion of the Council be reinstated.

Property

31. The title to all property which may be acquired by or on behalf of the Society shall be vested in a corporation lawfully entitled to act as custodian trustee or in not less than 3 individual persons who are not members of Council.

Borrowing

32. If at any time the Society in Annual General Meeting or Special Meeting summoned for the purpose, of which seven clear days' notice was given, shall pass a resolution authorising the Council to borrow money, the Council shall then be empowered to borrow for the purposes of the Society such amount of money either at one time or from time to time and at such rate of interest and in such form and manner and upon such security as shall be specified in the resolution, and the Council shall make all dispositions of the property of the Society and enter into such agreements in relation to that property as the Council may deem proper for giving security for such loans and interest. All members of the Society whether voting on such resolution or not, and all persons becoming members of the Society after the passing of such resolution, shall be deemed to have assented to the resolution as if they had voted in favour of it.

Notices

33. Any notice required by these rules to be given or sent to a member shall be deemed to have been duly given or sent on the next working day after it is posted if sent by prepaid post to the address of the member appearing in the Society's Register. Every member shall immediately give to the Honorary Secretary written notice of any change in his/her address.

Dissolution

34. If at any Ordinary Meeting or Annual General Meeting a resolution for the dissolution of the Society shall be passed by a majority of the members present and entitled to vote, and if such resolution shall be confirmed by a resolution passed by a majority of two thirds of the members present and entitled to vote at a Special Meeting summoned for the purpose, of which seven clear days' notice was given, held not less than one month after that meeting the Council shall immediately or at such future date as shall be specified in such resolution proceed to realise the property of the Society and after the discharge of all liabilities shall hand the same over to some charitable body having similar objects or to a charity selected by Council, and, upon the completion of such division, the Society shall be dissolved.

Bye Laws

35. The Council may make such bye laws for meetings of the Society and publication of the *Ulster Medical Journal* as it shall consider necessary.

THE ULSTER MEDICAL SOCIETY

Whitla Medical Building
97 Lisburn Road
Belfast BT9 7BL

If you are not a member of the Ulster Medical Society, we would appeal to you to give the question of joining your consideration. The Society has been in existence since 1862 (and is the direct descendant of the Belfast Medical Society founded in 1806), and has always been active in keeping its members interested in the advances in medical science. Meetings are held at intervals of a fortnight during the winter months, and papers are contributed by members and distinguished guests. Facilities are provided for doctors to meet informally afterwards, and have a cup of tea. *The Ulster Medical Journal, the official organ of the Society, is issued to all Fellows and Members free of charge.* The Society is now housed in its own rooms in the Whitla Medical Building of Queen's University at 97 Lisburn Road (replacing the Whitla Medical Institute which had to be vacated in 1965).

May we, therefore, appeal to you to join the Ulster Medical Society, and so enable us to widen its influence and sphere of usefulness still further? A proposal form is appended; your proposer and seconder must be Fellows of the Society. If you do not know any Fellows please contact the Honorary Secretary. All persons registered as medical practitioners under the Medical Act shall be eligible for election as members of the Society (Constitution, Section VI). Temporary membership may be allowed at the discretion of the Council.

If you do not wish to become a member of the Society, will you consider entering your name as a subscriber to *The Ulster Medical Journal*? The subscription is £30.00 per annum, payable in advance to the Honorary Treasurer.

C J H LOGAN, *President.*

J I LOGAN, *Hon. Secretary.*

M E CALLENDER, *Hon. Treasurer.*

MEMBERS £10.00. (A Member is one who is less than seven years qualified. He or she will automatically become a Fellow seven years after qualification and be liable to the higher subscription rate).

FELLOWS — Annual subscription of Fellows £25.00. Husbands and wives who are both Fellows will be entitled to pay a combined subscription of **£30.00.**

All Fellows and Members of the Society who have paid subscriptions for 40 years or alternatively have been a Fellow or Member for 20 years and reached the age of 65, or more, shall on application be exempt from any further subscriptions.

TIES — Ties bearing the crest of the Society on a background of navy, maroon, green or brown may be obtained from the Honorary Treasurer.

To THE HONORARY SECRETARY,
ULSTER MEDICAL SOCIETY.

..... 19

Dear Sir,

We nominate for Membership
Fellowship of the Ulster Medical Society:—

Name of Candidate

Postal Address

.....

Year of Qualification and Degrees

.....

Signature of Proposer

Signature of Seconder

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NORTHERN IRELAND.

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DR M E CALLENDER,
HONORARY TREASURER, ULSTER MEDICAL SOCIETY,
ROYAL VICTORIA HOSPITAL,
BELFAST BT12 6BA.

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